



Over 30 Years of Competitive Swimming  
in Central Pennsylvania

# Competitive Stroke Clinic for Indian Creek Aquatic Club

*conducted by Michael Gobrecht and WSY Staff*



This clinic will run for 10 class sessions

Sundays 3:00 – 4:00 pm 4/22, 4/29, 5/6, 5/13, 5/20

Fridays 6:30-7:30 pm 4/27, 5/4, 5/11, 5/18, 5/25

[www.swimindiancreek.org](http://www.swimindiancreek.org)

[www.wsyswim.org](http://www.wsyswim.org)

**\$50 per swimmer**

(all registration is done through Indian Creek Aquatic Club - NOT at the YMCA)

The WSY Stroke Clinics have become one of the better clinics in the greater Central Pennsylvania area. For the fourth year we will be offering this special clinic for the Indian Creek Swim Team as a way to get a "Head Start" on the summer. This clinic will better prepare swimmers for their summer competitive swim season. A clinic such as this is a strong influence in a young swimmer's development. We will establish for each swimmer the challenge to develop and learn to use their abilities to swim fast & be the best person they can be. Coach Mike Gobrecht and his staff will help each swimmer try harder to do their best; to develop their talents; and understand that what we get out of swimming is in direct proportion to what we put into it. So, get ready to begin your Summer Competitive Season with great technique & fast swimming. See you at the pool!!

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*Please fill out and return with your ICAC registration form and payment to  
Marlo Kent at 438 Pawnee Drive, Mechanicsburg, PA 17050*

Swimmer Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_